

# RSV vs Flu



Mostly affect upper respiratory system  
(e.g above shoulders)



Mostly affect the lower respiratory system  
(e.g lungs)



Fever/chills



Runny, stuffy/congested nose



Sneezing and mild cough



Barking cough



Wheezing and/or difficulty breathing



Apnea (Stopping breathing)



Flaring (spread out) nostrils as you breath



Abnormal/fast breathing



Difficulty drinking/swallowing



Lethargy and Irritability



Bluish around mouth, lips, fingernails



Poor appetite

**Remember: most of the initial symptoms are common to both.**

## More details:

<http://fruitvaccine.org>

<https://www.lung.org/lung-health-and-diseases/lung-disease-lookup/rsv/rsv-symptoms-causes-risk.htm>

<https://www.cdc.gov/rsv/high-risk/infants-young-children.html>